

The Rotary Club of Lincoln

May 2026 Newsletter



The Rotary Club of Lincoln meeting 11th May 2026

A small but select group of members met for good fellowship and an excellent meal.

After greetings from the President and fire safety notice, Grace said by Peter Hill, the meal was enjoyed.

Member Announcements;

1. Whisky tasting has been arranged for Thursday 4th June at Peter Morrison's home in the presence of the DG and ADG (Area 2).
2. The Council meeting was cancelled because of low numbers.
3. District safeguarding and health and safety policies have been printed off and should be signed off before the 30th June.
4. Martin Curtis has decided not to be President Elect but will continue as PRO and newsletter editor.
5. Kids Out will be attended by Malcolm Miller.
6. Lincolnshire Show will be attended by Nigel Harrison. Malcolm Miller and possibly Lochan to contact the organisers in Bailgate.
7. Peter Morrison attended the High Sheriff "Turnover" service in the Cathedral. David Chambers son of former member John Chambers was the outgoing Sheriff. New Sheriff is Suzanne Liburd MBE. Julia Bennison was present and expressed her gratitude to our Club for supporting her father Bob as he became more incapacitated.
8. The President is organising an afternoon tea with a comedian to raise funds for a charitable project.
9. District Assembly to be attended by President Patrick, President Elect John, Secretary David and Foundation officer Malcolm.

Before the principal speaker arrived Terry Coffey addressed the club. He wisely expressed concern about the low numbers making the catering financially unviable and also the sustainability of the club. It was agreed that the President should approach the other 3 Lincoln clubs to consider merger. Bailgate has only 9 members.

Speaker: Tom Waller

Tom gave a talk on chiropractic. Chiropractic is a system of healthcare focused mainly on the spine, joints, and nervous system, using hands-on techniques — especially spinal manipulation — to relieve pain and improve mobility.

It's most commonly used for:

- Back pain
- Neck pain
- Joint stiffness
- Headaches linked to neck tension

It was a thought provoking and sometimes humorous presentation. The discipline is considered as alternative medicine and is rarely funded by the NHS. Pain relief is given but not often cure. Tom expressed the view that to look at the true cause of disease, one should focus on the spine.

Interestingly, he stated that life expectancy has plateaued at 82 to 83 but good health expectancy is falling to 63 to 65 years.

The vote of thanks was given by John Cawdell.

District Assembly – Loughborough, 16 May 2026

Attendees: President **Patrick F-R**, President Elect **John H, David M, Malcolm M**

President's Report

President Patrick F-R outlined the structure of the District Assembly, which offered a series of themed sessions covering key aspects of Rotary operations.

Session 1: Club Secretary Responsibilities

Delivered by District Secretary **John Dehnel**, "*A Year in the Life of a Club Secretary*" provided a detailed overview of the administrative and compliance duties required throughout the Rotary year.

Each major topic concluded with an open **Q&A**, encouraging delegates to explore practical issues and share experiences.

Key Policies Requiring Annual Club Acceptance

- **General Data Protection Policy Notice**
- **Equity, Diversity & Inclusion Policy**
- **Health & Safety Policy Statement**
- **Safeguarding (Children) Policy**
- **Safeguarding (Vulnerable Adults) Policy**

Patrick noted the scale of the safeguarding documentation:

The Safeguarding Policy alone extends to **35+ slides**, supported by **Annexes A–M**, each containing multiple procedural requirements.

John emphasised that **formal acceptance of these policies is a core responsibility of the incoming President**, and that all members must understand the importance Rotary GB&I places on compliance.

Session 2: Membership Breakout

Led by **Steve Howe**, this session introduced the forthcoming **Membership Summit**, planned for launch later in the Rotary year.

Delegates divided into **four working groups**, each focusing on a different aspect of membership growth.

Each group presented its ideas, followed by questions, comments, and shared experiences.

The discussions broadly reinforced the collective understanding of recruitment challenges and opportunities.

Lunch & Reflections

Lunch provided an opportunity for the four attendees to compare notes and reflect on the sessions they had each attended.

Acknowledgement

The group expressed thanks to **David** for driving everyone to the venue.

Other important notices circulated by Secretary David M

- All members have been given Notice of the Annual General Meeting which will take place at the Nightingale, 116 Nettleham Road, Lincoln LN2 1RR at 1.30pm on Monday 8th June 2026
- The next District Council Meeting is on 8th June at Greetham Valley Golf Club, Wood Lane, Greetham, LE15 7SN starting at 7:30pm. All members of Rotary in District 1070 are welcome to join.
- District notice: Compliance reminder.
All Rotarians need to be aware of the various compliance policies of Rotary GB&I, how adhering to them protects us all, mitigates any risks, and ensures our insurance fully covers us. All members are asked to review them annually.
Copies of these policies are attached to an email sent out on the 24th May from Secretary David.

The Rotary Club of Lincoln AGM 2026 1.30pm Monday 8th June 2026

AGENDA

- 1 To receive the Treasurers' interim report, fix subscriptions and proposed budget for 2026/27
- 2 Election of Honorary Member
- 3 Appointment of Club Officers 2026/27
- 4 To elect members of Club Council
- 5 To elect District Council Representatives and Substitutes